

McIntosh Marketing

"Press Release Submission List Designed To Increase Traffic, Build Links & Boost Search Engine Rankings"

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If You Have Any Questions About These Materials, Stop By Our Forums at:

<http://www.businessinnercircle.com/forum/>

And Post Your Questions There.

This is the written manual that accompanies video training on this topic. It's important you watch the full video training along with using this manual to ensure you completely understand the concepts. Also, there are several marketing tips provided within the video not contained in the written materials.

LEGAL STUFF:

The lawyers made me do it :)

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OTHERWISE... CONTINUE ON:

This list is the list of websites that currently accept press releases per my video training on this topic. If you discover any of these sites have changed their terms or have gone out of business, let us know in the forums & we'll adjust the list accordingly. Have a press release submission site you use that's not on this list? Let me know in the forums & I'll add it.

I've listed our internal notes on each site. Some sites explicitly accept or do not accept html. We've done our best to indicate that. Click on each link & submit your release:

<http://www.1888pressrelease.com/login.html>

To enhance the distribution or add videos you need to pay for their service \$25.00 to \$75.00. 48 to 72 hours for approval. We just do free submission.

<http://www.24-7pressrelease.com>

Free=No links allowed, limited distribution and no guarantee to post and only one submissions per day. Offers option to list business with their directory for \$99.00 a year. We just do free submission.

<http://www.afly.com/submit.html>

Need to create an account.

<http://www.betanews.com>

With HTML

<http://www.bignews.biz>

With HTML

<http://www.bizeurope.com/pressrelease.htm>

<http://www.businessportal24.com>

HTML not allowed

<http://www.clickpress.com>

With HTML

<http://www.clickshappen.com>

<http://www.dbusinessnews.com>

Created Account, HTML not needed they convert the links

<http://www.dime-co.com>

HTML not needed they convert links

<http://www.ecommwire.com>

With HTML

<http://www.eisinc.com>

With HTML

<http://www.elecdir.com>

With HTML

<http://www.exactrelease.com>

With HTML, must create account.

<http://www.free-press-release.com/submit/>

HTML not allowed, must create account

<http://www.FreePressIndex.com>

With HTML

http://www.i-newswire.com/submit_free.php

With HTML

<http://www.ideamarketers.com>

With HTML, must create account

<http://www.journal-courier.net>

HTML not allowed

<http://www.learn-more.org>

With HTML, need to submit through IE

<http://www.looselycoupled.com/news/lsubrelease.html>

HTML not allowed

<http://www.mediasyndicate.com>

With HTML , Must create account

<http://www.myfreepr.com>

With HTML

<http://www.newsblaster.com>

HTML not allowed

<http://help.npr.org/ics/support/default.asp?deptID=5670&task=ticket>
No html, must submit ticket & select "submit a story or press release".

<http://www.only2press.com>
With HTML

<http://www.openpr.com/news/submit.html>
HTML not allowed

<http://www.postafreepressrelease.com>
With HTML

<http://www.powerhomebiz.com/BizNews/pressrelease.htm>
E-mailed request to post press release

<http://www.PR.com>
HTML not allowed

<http://www.press-network.com>
With HTML

<http://www.pressbox.co.uk>
With HTML

<http://www.pressexposure.com>
With HTML

<http://www.pressreleasecirculation.com>
HTML not allowed, can take up to a month to review and post

<http://www.prfocus.com>
HTML not allowed

<http://www.promotionworld.com>
With HTML

<http://www.prudentpressagency.com>
With HTML

http://www.prurgent.com/submit_press_release.htm
HTML not allowed, must create account

<http://www.prwindow.com>
With HTML

<http://pressmethod.com/Release.htm>

<http://www.PR-Inside.com>

http://www.pr-inside.com/release_new.htm

<http://www.prlog.org/submit-free-press-release.html>

Account Creation is required

<https://www.prfree.com/submit.php>

<http://www.sanepr.com>

Must create account

<http://www.searchwarp.com>

Links only allowed at the bottom of the article, must create account

<http://www.sixsigmazone.com>

Must copy version with HTML to a separate page so you can upload it here.

<http://www.usanews.net>

Has HTML editor already so you format html within their page

<http://www.usprwire.com>

With HTML

<http://www.webnewswire.com>

With HTML, must create account

<http://www.yaldex.com/press-releases/submit-press-release.php>

HTML not allowed but you can include one hyperlink they will format, will review within 48 hours

<http://www.onlineprnews.com/content/submit-free-press-release>

http://www.freepressindex.com/immediate_press_release.asp

With HTML

<http://news.eboomwebsolutions.com/addnews.php>

No HTML

<http://www.pressabout.com/index.php/submit-press-release/>

<http://pressreleaseforum.com>

http://pr-gb.com/index.php?option=com_content&task=view&id=17&Itemid=39

http://www.downloadjunction.com/submit_press_release

No HTML

<http://signup.ecommwire.com>

<http://www.fibre2fashion.com/news/pressrelease.aspx>

<http://www.filecluster.com/submit-press-release.html>

Technology PR only, no HTML allowed in PR body only in URL source

<http://www.itbinternet.com/submit/>

<http://www.itbsoftware.com/submit/>

<http://pressrelease.made-from-india.com/>

<http://www.nanotech-now.com/submit-press.cgi>

Must be in Word so they can convert to HTML

<http://www.prcompass.com>

<http://www.publicitywires.com/member/index.aspx>

http://www.dwpub.com/releases/release_form.php

free until Sept. 2009

<http://www.techprspider.com/AddFeed.aspx>

Technology PR's only, HTML allowed

<http://www.thehostingnews.com/SubmitHostingNews.html>

Anonymous PR unless you create an account, HTML allowed

<http://www.worldcasinodirectory.com/press-release.htm>

Casino/Online Gaming PR only

<http://www.newswiretoday.com/login.php?login=editor>